

LUNCH Served 11:am to 2:30pm DINNER Served 5:00pm to 9:00pm

> Tuesday thru Sunday Closed Monday's

Our approach to great food starts with cooking each dish from scratch. While this approach may take longer to prepare, the result is well worth the wait!

If we are really busy and you are very hungry, perhaps even "hangry", we encourage you to try one of our delicious appetizers or naan breads to hold you over until we can freshly prepare your entrée(s)!

> 730 Cooper Ave Glenwood Springs, CO 81601 www.masalaandcurry.com 970-945-9898 ORDER ONLINE HERE

APPETIZERS

SOUPS AND SALADS

DAAL SOUP

THIN MILDLY SPICED RED AND YELLOW LENTIL BROTH WITH A HINT OF BUTTER......\$6.00

MULLIGATAWNY SOUP

ROASTED CHICKEN BREAST MIXED WITH THIN, MILDLY SPICED LENTIL BROTH WITH A HINT OF BUTTER......\$7.00

KACHUMBER SALAD

FRESH CUCUMBERS, TOMATOES, AND ONIONS TOSSED WITH MILD SPICES AND GARNISHED WITH PAPAD/PAPADUM......\$7.00

NAAN (BREAD)

PLAIN NAAN SOFT AND PUFFY WHITE
BREAD\$4.00
ONION KULCHA NAAN STUFFED WITH ONION
and Cilantro\$4.50
GARLIC NAAN SOFT AND PUFFY NAAN STUFFED
WITH MINCED GARLIC AND CILANTRO\$4.50
CHEESE NAAN SOFT AND PUFFY NAAN
STUFFED WITH CHEESE\$4.50
GARLIC WITH CHEESE NAAN SOFT AND
PUFFY NAAN STUFFED WITH CHEESE AND
PUFFY NAAN STUFFED WITH CHEESE AND GARLIC\$4.50
GARLIC\$4.50
GARLIC\$4.50 KEEMA NAAN HEARTY NAAN STUFFED WITH
GARLIC\$4.50 KEEMA NAAN HEARTY NAAN STUFFED WITH GROUND LAMB\$4.50

WHOLE WHEAT BREADS

ROTI PLAIN WHOLE WHEAT FLAT BREAD\$4.00
PARATHA WHOLE WHEAT FLAT BREAD WITH
BUTTER\$4.00
ALU PARATHA STUFFED WITH SPICED
POTATOES AND LIGHTLY GLAZED WITH
BUTTER\$4.50

VEGETARIAN OPTIONS

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SERVED WITH BASMATI/JASMINE RICE
SAAG PANEER \$15.00
HOMEMADE CHEESE SAUTÉED IN CREAMY SPINACH
(GF)
PANEER MAKHANI\$15.00
HOMEMADE CHEESE COOKED IN CREAMY SPICED
TOMATOES, CARAMELIZED ONIONS & CREAM (GF)
MATTAR PANEER\$15.00
GREEN PEAS AND HOMEMADE CHEESE COOKED IN
SPICED TOMATOES, CARAMELIZED ONIONS $\&$
CREAM (GF)
BAIGAN BHARTA\$15.00
OVEN ROASTED EGGPLANT COOKED WITH
SPICES,CARAMELIZED ONIONS, GREEN PEAS $\&$
CREAM (GF) (VEGAN OPTION ADD \$1.00)
VEGGIE KORMA \$15.00
MILDLY SPICED MIXED VEGGIES COOKED IN
CREAMY CARAMELIZED ONION SAUCE WITH
CASHEWS & RAISINS (GF)
COCONUT VEGGIE KORMA \$15.00
MIXED VEGETABLES COOKED WITH COCONUT
MILK, CASHEWS, RAISINS AND SPICES(GF)
(VEGAN DISH)
Malai Kofta\$15.00
ASSORTMENT OF VEGGIES ROLLED INTO BALLS,
MIXED WITH CHEESE, CASHEWS, RAISINS AND
COCONUT COOKED IN TOMATO AND CARAMELIZED
ONION SAUCE WITH CREAM CHANA MASALA\$15.00
CHICKPEAS COOKED WITH GINGER-GARLIC
COMBO, TOMATO SAUCE AND CARAMELIZED ONIONS WITH CREAM (GF)
(VEGAN OPTION ADD \$1.00)
DAAL MAHARANI \$15.00
DAAL MAHARAINI
OF BUTTER AND SPICES (GF)
(VEGAN OPTION ADD \$1.00)

ALU MATTAR......\$15.00

POTATOES AND PEAS COOKED IN MILD SPICES WITH CARAMELIZED ONION (GF) (VEGAN OPTION ADD \$1.00)

ALU DUM\$15.00 POTATO CURRY COOKED WITH SPICES, TOMATO AND CARAMELIZED ONION SAUCE WITH CREAM (GF) (VEGAN OPTION ADD \$1.00)

ALU KAULI MASALA\$15.00 POTATOES AND CAULIFLOWER COOKED IN MILDLY SPICED TOMATO AND CARAMELIZED ONIONS WITH CREAM (GF) (VEGAN OPTION ADD \$1.00)

TRADITIONAL VEGGIE CURRY......\$15.00 NEPALI DISH OF MIXED VEGETABLES DELICATELY SEASONED WITH AN EXOTIC BLEND OF SPICES (GF) (VEGAN DISH)

Biryani

LARGE PORTION OF AROMATIC BASMATI/JASMINE RICE COOKED WITH MEAT OR VEGETABLES, DELICATE SPICES, TOUCH OF ROSE WATER, CASHEWS AND RAISINS SERVED WITH RAITA (GF) (DAIRY FREE WITHOUT THE RAITA)

Veggie	\$15.00
Chicken	\$17.00
Lamb	\$19.00
Shrimp	\$20.00

NEPALI SPECIALTIES

VEGGIE MOMO.....\$15.00 STEAMED DUMPLINGS FILLED WITH MILDLY SPICED VEGGIES

CHICKEN MOMO.....\$17.00 STEAMED DUMPLINGS FILLED WITH WELL-SEASONED GROUND CHICKEN

VEGGIE CHAU CHAU.....\$15.00 UDON NOODLES LIGHTLY SEASONED AND PAN

FRIED WITH MIXED VEGGIES

CHICKEN CHAU CHAU.....\$17.00

MARINATED CHICKEN PAN FRIED WITH UDON NOODLES AND VEGGIES

LAMB CHAU CHAU.....\$19.00

LAMB PAN FRIED ALONG WITH UDON NOODLES AND VEGGIES

SHRIMP CHAU CHAU.....\$20.00

SHRIMP PAN FRIED WITH UDON NOODLES AND VEGGIES

MEAT LOVERS & SEAFOOD THUSIASTS

SERVED WITH BASMATI/JASMINE RICE

TRADITIONAL CURRY (GF) (DF)

NEPALI DISH DELICATELY SEASONED WITH AN EXOTIC BLEND OF SPICES

•	Chicken (Thighs)	\$17.00
٠	Lamb	\$19.00
	~	+

\$20.00 SHRIMP

SPICY VINDALOO (GF) (DF)

POTATOES AND BONELESS MEAT COOKED IN TANGY AND SPICY CURRY SAUCE

٠	CHICKEN (THIGHS)	\$17.00
•	Lamb	\$19.00

\$20.00 SHRIMP

TIKKA MASALA (GF)

CLAY OVEN ROASTED MEAT COOKED IN CARAMELIZED ONIONS AND TOMATO SAUCE WITH A TOUCH OF CREAM

•	Chicken (Breast)	\$17.00

- \$19.00 • LAMB
- SHRIMP (NOT ROASTED) \$20.00

MAKHANI (GF)

SUBTLY SMOKED MEAT COOKED IN SAVORY AND TANGY CREAMY TOMATO SAUCE

•	Chicken (breast)	\$17.00
•	Lamb	\$19.00

- Lamb
- SHRIMP \$20.00

KORMA (GF)

MEAT COOKED IN A CREAMY CARAMELIZED ONION SAUCE MIXED WITH CASHEWS, RAISINS AND COCONUT

•	CHICKEN (THIGHS)	\$17.00
•	Lamb	\$19.00

•	LAND	Ψ13.00
•	Shrimp	\$20.00

KAWAB (GF)

MARINATED IN YOGURT AND HERBS OVERNIGHT THEN ROASTED IN THE TANDOORI OVEN

- CHICKEN (BREAST) \$17.00 Lamb \$19.00 •
- Shrimp \$20.00

CHILI (GF) (DF)

SPICY MEAT SAUTÉED IN CHILIES, ONIONS, BELL PEPPERS AND TOMATOES

- CHICKEN (BREAST) \$17.00
- \$18.00 LAMB
- SHRIMP \$20.00

CHICKEN TANDOORI (GF)

CHICKEN ON THE BONE, MARINATED OVERNIGHT IN YOGURT & SPICES THEN BBQ IN THE TANDOORI OVEN.....\$17.00

TIKKA SAAG (GF)

TANDOORI ROASTED CHICKEN BREAST SAUTÉED IN CREAMY SPINACH......\$17.00

BOTI SAAG (GF)

TANDOORI ROASTED LAMB SAUTÉED IN CREAMY SPINACH......\$19.00

SHRIMP SAAG (GF)

SHRIMP SAUTÉED IN CREAMY SPINACH \$20.00

KEEMA MATTAR (GF)

GROUND LAMB AND PEAS SAUTÉED IN A THICK MIXTURE OF SPICES......\$19.00

SPICE LEVELS AND

OTES

SPICES LEVELS CAN BE ADJUSTED ON MOST **DISHES AS FOLLOWS:**

MILD

MILD PLUS
<u>Medium</u>
<u>MEDIUM PLUS</u>
<u>Нот</u>
<u>Fire Hot</u>

PLEASE NOTE THAT MEDIUM LEVEL AND ABOVE ARE SPICY!

MOST OF OUR DISHES ARE PREPARED GLUTEN FREE AND SEVERAL CAN BE PREPARED VEGAN FOR AN ADDITIONAL CHARGE. IF YOU HAVE ANY OTHER DIETARY RESTRICTIONS OR CONCERNS, PLEASE TALK WITH YOUR SERVER

- GLUTEN FREE ITEMS MARKED WITH GF.
- VEGAN/DAIRY FREE ITEMS MARKED AS VEGAN OR DF ON MEAT DISHES.

PARTIES OF 6 OR MORE WILL BE CHARGED AN AUTOMATIC GRATUITY OF 18%